

What is claimed:

1. An upper body support device comprising:  
an thoracic support portion including a cervical region, a shoulder region, and a spinal region; and  
said spinal region including a convex arcuate section on an upper surface thereof.
2. The device of claim 1, wherein:  
said thoracic support section includes an inclined surface, said inclination from a lumbar region to said cervical region.
3. The device of claim 1, wherein:  
said arcuate spinal region comprising a taper.
4. The device of claim 3, wherein:  
said taper comprises an increased height at said cervical region and decreasing in height to a lumbar region.
5. The device of claim 1, wherein:  
said support device includes a head support portion adjacent said thoracic portion wherein a persons head may be supported.
6. The device of claim 5, wherein:  
said head support portion includes a concave region.
7. The device of claim 1, wherein:  
said shoulder region includes a pair of shoulder pads.

8. The device of claim 7, wherein:  
said shoulder pads include a tapered front edge and a non-pointed side edge.
9. The device of claim 1, wherein:  
said cervical region includes a raised portion.
10. An upper body support device comprising:  
a head support portion;  
an inclined thoracic support portion including a cervical region, a shoulder region, a spinal region and a lumbar region, said thoracic portion disposed adjacent said head support portion;  
said spinal region including a convexly arched section on an upper surface thereof.
11. The device of claim 10, wherein:  
said inclined thoracic support section is inclined from said lumbar region to said cervical region.
12. The device of claim 10, wherein:  
said arched spinal region comprises a taper.
13. The device of claim 12, wherein:  
said taper comprises an increased height at said cervical region and decreasing in height to said lumbar region.
14. The device of claim 10, wherein:  
said head support portion includes a concave region.
15. The device of claim 10, wherein:  
said shoulder region includes a pair of shoulder pads.

16. The device of claim 15, wherein:  
said shoulder pads include a concave front edge.
17. The device of claim 10, wherein:  
said cervical region includes a raised portion.
18. An upper body support device comprising:  
a head support portion comprising a concave region for supporting a person's head;  
an inclined thoracic support portion including a cervical region, a shoulder region, a spinal region and a lumbar region, said shoulder region of said thoracic support portion disposed adjacent said head support portion; and  
said spinal region including a tapered convexly arched section on an upper surface thereof, said taper decreasing in height from said cervical region to said lumbar region.
19. The device of claim 18, wherein:  
said inclined thoracic support section is inclined from said lumbar region to said cervical region.
20. The device of claim 18, wherein:  
said shoulder region includes a pair of shoulder pads;  
said shoulder pads including a tapered front edge and a non-pointed side edge.